

## VANCOUVER

### EAT | RESTAURANTS

#### BAO BEI

"It's one of the most happening and charming restaurants in Vancouver these days. It also happens to be some ridiculously tasty modern Chinese Brasserie food."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Chinatown / Chinese  
163 Keefer Street  
T: 604.688.0876  
www.bao-bei.ca

#### BONETA

"Unpretentious vibe and tasty food. It's refined without all the fuss."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Gastown / New American  
1 West Cordova  
T: 604.684.1844  
www.boneta.ca

#### C RESTAURANT

Recommended by chef Rene Ortiz (Cafe La Condesa, Austin)

Seafood / Downtown  
2-1600 Howe Street  
T: 604.681.1164  
www.crestaurant.com

#### CAMPAGNOLO

"Simple tasty Italian food in a really shady neighborhood."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Strathcona / Northern Italian  
1020 Main Street  
T: 604.484.6018  
www.campagnolorestaurant.ca

#### CHAMBAR

"Excellent cocktails and a quality menu, very rarely will it disappoint."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Downtown / Belgian  
562 Beatty Street  
T: 604.879.7119  
www.chambar.com

#### L'ABATTOIR

"Truly crafted cocktails."

- Houseware designers Andrew and Anna Hellman (Teroforma)  
Gastown / Contemporary French  
217 Carrall Street  
T: 604.568.1701  
www.labattoir.ca

#### MEAT & BREAD

"For the most delicious sandwiches in Vancouver."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Gastown / Sandwiches  
370 Cambie Street  
T: 604.566.9003  
www.meatandbread.ca

### EAT | RESTAURANTS

#### MEDINA CAFE

"Sister restaurant of Chambar. Great for breakfast."

- Wild Foods Forager Tyler Gray (Mikuni Wild Harvest)

"For a quick lunch, we absolutely adore Medina Café."  
- Houseware designers Andrew and Anna Hellman (Teroforma)  
Downtown / Breakfast / Brunch  
556 Beatty Street  
T: 604.879.3114  
www.medinacafe.com

#### TWO CHEF'S AND A TABLE

Recommended by mixologist Jamie Boudreau (Canon, Seattle)

Downtown Eastside / New American  
305 Alexander Street  
T: 778.233.1303

Richmond  
Unit 7-3331 Viking Way  
T: 604.233.7769  
www.twochefsandatable.com

#### TOJO'S

"Best Japanese in Vancouver and possibly one of my favorite restaurants ever."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Also recommended by sushi master Tyson Cole (Uchi, Uchiko, Austin)  
Fairview Slopes / Japanese / Sushi  
1133 West Broadway  
T: 604.872.8050  
www.tojos.com

#### RANGOLI

"Scaled-down sister restaurant to Vij's."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Fairview Slopes / Indian  
1488 West 11th Avenue  
T: 604.736-5711  
www.vijsrangoli.ca

#### VIJ'S

"The best Indian in Canada, but they do not take reservations for anyone. He also has a down-scaled version next door, called Rangoli."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Fairview Slopes / Indian  
1480 West 11th Avenue  
T: 604.736.6664  
www.vijs.ca

#### WEST RESTAURANT

Recommended by mixologist Jamie Boudreau (Canon, Seattle)

Vancouver / Northwest  
2881 Granville Street  
T: 604.738.8938  
www.westrestaurant.com

### DRINK | COCKTAILS

#### CASCADE ROOM

"Located in trendy East Van, it's always got a good vibe."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Mount Pleasant / Cocktails  
2616 Main Street  
T: 604.709.8650  
www.thecascade.ca

#### THE DIAMOND

"Ask about the secret back room with a private barkeep. Amazing hand-crafted cocktails."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Gastown / Downtown / Cocktails  
6 Powell Street  
T: 604.408.2891  
www.diamond.com

### DRINK | COFFEE

#### CAFFE ARTIGIANO

"Really amazing coffee."

- Houseware designers Andrew and Anna Hellman (Teroforma)  
Hornby / Coffee  
574 Granville Street  
T: 604.688.3422  
www.caffeartigiano.com

### FIND | PURVEYORS

#### OYAMA SAUSAGE

"A genius when it comes to force meat, sausage, and curing meats."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Granville Island / Meat Shop  
17-1689 Johnston Street  
T: 604.327.7407  
www.oyamasausage.ca

### FIND | SWEETS

#### THOMAS HAAS PATISSERIE

"For all things pastry, hand made chocolates, desserts, and coffee. He is Vancouver's resident rock star chef."

- Forager Tyler Gray (Mikuni Wild Harvest)  
Kitsilano / Patisserie  
2539 West Broadway  
T: 604.736.1844  
www.thomashaas.com

